

A TWO-DAY EXPERIENTIAL COURSE

# The Time to Think® Foundation Course

Reclaim your attention. Deepen your thinking.

An outstanding experiential course introducing the behaviours and practical applications proven to help people bring the best of themselves and each other — in one-on-one and group interactions. Learning to develop high-quality, generative attention and to listen deeply without judgement are two of the most important human competencies of our time.

## WHAT YOU'LL LEARN

Over two days you'll re-discover your deepest wisdom and learn new techniques of interpersonal engagement — how to intentionally direct your attention and deepen your presence, for yourself and for others.

## WHY IT MATTERS

If you want to claim back your attention, grow your capacity to truly communicate, and improve the quality of your own thinking, this course is for you.

*Experience a Thinking Environment®. Learn how to encourage other people to think for themselves with rigour, imagination, courage and grace.*

## WHO IT'S FOR

- **Leaders:** experience the deep thinking crucial for leading in a fast-paced world.
- **Coaches:** deepen the quality of your sessions.
- **Partners:** bring a structured practice to deeper connection.
- **Managers:** build the trust capital within your teams.
- **Parents:** find the insights you haven't had the time to foster.
- **As a human:** pause and do your best thinking, in the uninterrupted attention of another.

## WHAT YOU'LL PRACTISE

Alongside a deep knowledge of the Thinking Environment®, you'll work hands-on with its practical applications:

- Thinking Pairs
- Rounds in a Thinking Environment®
- Thinking Councils
- Open discussion in a Thinking Environment®
- Transformative Questions
- Meetings in a Thinking Environment®
- Presenting

Join us for two days that are at once practical and profound: you'll walk away seeing the world through fresh eyes, while being immediately able to use the tools at work, in personal relationships, and throughout your life.

**We can't wait to walk that journey with you.**

### DATES

5 & 6 November 2026

### TIME

09:00 – 17:00

### INVESTMENT

CHF 790 plus VAT of 8.1%

### LOCATION: In Person

15 Chemin des Mines,  
1202, Geneva, Switzerland

**Facilitated in person by:**  
Cecily Carmona and Gabrielle Landry Chappuis

**Reserve your place:** [engage@carmonaadvisory.com](mailto:engage@carmonaadvisory.com)  
[info@humanimpact5.ch](mailto:info@humanimpact5.ch)  
**Registration link:** [click here](#)

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MEET THE FACILITATORS

# Meet your Time to Think® Facilitators

Your two days are co-facilitated, in person, by Cecily Carmona and Gabrielle Landry Chappuis.



## CECILY CARMONA

*Master Trainer · Accredited Time to Think® Facilitator, Coach  
& Teacher*



Cecily is a master trainer and facilitator, with extensive experience working with leaders and teams, creating spaces where people can grow, learn and think clearly together. She delivers customised leadership development programmes as well as standard trainings to a wide variety of audiences in different organisations and geographies.

She is an accredited Time to Think® Facilitator, Coach and teacher, and embodies the Thinking Environment® in all her work. She offers the Time to Think® Foundation Course and the Time to Think® Partnership Course in person and online, bringing the same depth of attention, precision, and presence to every setting — shaping the process to meet the moment and the people in the room.

Cecily has a background in Strategy Consulting and is an executive coach with more than 700 hours of coaching experience. She lives with her family just outside Geneva, Switzerland.



## GABRIELLE LANDRY CHAPPUIS

*Certified Coach, Trainer & Mediator · ICF-ACC*



Gabrielle is a certified coach and person of trust, as well as a trainer and mediator. She creates safe spaces where trust and psychological safety allow participants to be vulnerable, to tread past their comfort zones, and to allow for transformation. She is an avid Time to Think® practitioner, bringing these competencies to her training courses on values-based management, de-escalation, bystander intervention, inclusive meetings, ethical leadership, and dialoguing through discrimination issues.

She is an ICF-ACC certified coach, specialised in Brain-Based Coaching from the NeuroLeadership Institute, a Crisis Prevention Institute certified instructor for crisis interventions, and a certified mental health first aider for adults and youth.